

# Mentally Healthy Work Development Programme

## Module 1 conversation starters

CHIEF EXECUTIVES/TIER 2 LEADERS  
WITH HEALTH & SAFETY, WELLBEING AND HR LEADS

**After viewing the Module 1 video: Introduction to Psychological Health and Safety, Setting a Strategic Direction. Programme participants to meet and apply key learnings tailoring to your organisational context.**

*Consider if having a skilled facilitator present will assist in stimulating curious and courageous conversations, with productive outcomes.*

### Recommended conversation starters:

What motivates people in your organisation to do the work they do?

Considering Prevent Promote and Support (Integrated model), what does workplace mental health look like in your workplace?

What is needed for a successful strategic direction (enablers)?  
What might get in the way (constraints)?

Do we have a strategy for Psychological H&S? Is it sufficient?  
What is changing externally that could influence it?

What resources are provided to support the strategic direction?  
What has helped develop strategic direction for other business areas?

Where does psychological H&S sit in your risk radar and plan?

